

You can find a calendar of Sunday readings for the month of August at the [USCCB.org](http://USCCB.org)

August is the month of the Immaculate Heart of Mary

The Office of Child & Family Catechesis will resume the publication of the Building Faith @ Home pages in September. We hope this page of ideas will be helpful to your family during the month of August.

### August 3- St. Lydia's Feast Day

Lydia Purpuraria (1st century) was born at Thyatira, a town in Asia Minor, famous for its dye works. She became Paul's first convert at Philippi. She was baptized with her household, and Paul stayed at her home there. [Youtube.com](https://www.youtube.com/watch?v=...) : Lydia



### August 6 - The Transfiguration

Jesus Christ took three of his disciples, Peter, James, and John, up on a mountain, where Moses and Elijah appeared and Jesus was transfigured, his face and clothes becoming dazzlingly bright.

[Youtube.com](https://www.youtube.com/watch?v=...): The Transfiguration



### August 15 - Assumption of the Blessed Virgin Mary into Heaven

[Blueberry-Strawberry Cobbler in Honor of Our Lady](https://www.youtube.com/watch?v=...)



### August 18 - St. Helena

St. Helena is said to have discovered the cross where Jesus hung, alit's the perfect day for a cross craft or activity for kids! [Catholicicing.com](http://Catholicicing.com)



### 31 Crafts for Mary

[Catholicsprouts.com](http://Catholicsprouts.com)



### Family Prayers to Practice

#### Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

#### Morning Offering

My God, I offer you today  
all that I think and do and say,  
uniting it with what was done  
on earth, by Jesus Christ, your Son.

#### Grace Before Meals

Bless us, O Lord, and these your gifts  
which we are about to receive  
from your goodness.  
Through Christ our Lord.  
Amen.

#### Grace After Meals

We give you thanks, almighty God,  
for these and all your gifts  
which we have received through  
Christ our Lord.  
Amen

#### Evening Prayer

Dear God, before I sleep  
I want to thank you for this day  
so full of your kindness  
and your joy.  
I close my eyes to rest  
safe in your loving care.

### Links for More Resources, Ideas and Activities

[Loyolapress.com](http://Loyolapress.com): Daily 3 minute retreat

[teachingcatholickids.com](http://teachingcatholickids.com): The Immaculate Heart of Mary • Monthly Devotion for August

[Catholiccuisine.blogspot.com](http://Catholiccuisine.blogspot.com): Recipes for August ~ Month Dedicated to the Immaculate Heart of Mary

[Catholicicing.com](http://Catholicicing.com): Saint Feast Days In August (And Other Days To Celebrate With Kids!)

[Sadlier.com](http://Sadlier.com): 12 Printable Summer Catholic Family Activities



Use the url or QR code below to access the digital content on your computer or smartphone for the digital version with hyperlinks: Links are curated for families to continue to grow and learn together! Faith can be fun!

[bit.ly/thisweekathome](http://bit.ly/thisweekathome)