



# Prayer

God invites us into a relationship with Him that is both personal and communal. He speaks to us through His Son, Jesus Christ, the Word-made-flesh. Prayer is our response to God who is already speaking or, better yet, revealing Himself to us. Therefore, prayer is not merely an exchange of words, but it engages the whole person in a relationship with God the Father, through the Son, and in the Holy Spirit.

Various forms of prayer are presented in the Catechism of the Catholic Church (CCC 2623-2649). These various forms include prayer of blessing or adoration, prayer of petition, prayer of intercession, prayer of thanksgiving, and prayer of praise.

## More information

- [What is prayer?](#)
- [Common Catholic prayers](#)
- [Prayer guidelines for bereavement and funerals](#)
- [Sacred art and music](#)
- [National Day of Prayer for Peace](#) - January 1
- [Contemplative Prayer](#) (PDF)

*Visit the [Office of Liturgy](#) for more information.*

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