



Building Faith @ HOME

[1st Reading - Nm 11:25-29](#)
[Responsorial Psalm - Ps 19:8, 10, 12-13, 14](#)
[Second Reading - Jas 5:1-6](#)
[Gospel - Mk 9:38-43, 45, 47-48](#)

26th Sunday in Ordinary Time

Jesus teaches that whoever is not against him is for him.

The second part of today's Gospel contains a strong message for those who share the responsibility of fostering faith. It is indeed an awesome responsibility. Today's Gospel reminds us that faith is a lifelong journey toward God. We don't always get it all or even get it right. But we pray for the grace to acknowledge and build upon even the smallest signs of faith, in ourselves and in others. There are plenty of obstacles that might prevent the growth of faith. Let us pray that we are not contributing to the obstacles that might hinder another person's faith in Jesus.

As you gather as a family, observe that there are things in our lives that nurture our faith and things that can hinder it. Talk about some of the things that nurture our faith—healthy family relationships, healthy friendships, good literature, and so on. Name some of the things that might be an obstacle to faith—unhealthy relationships, scandals, and so on. Observe that Jesus teaches us in today's Gospel that we are to do everything we can to help one another have faith in Jesus and do all that we can to avoid creating obstacles that might hinder another person's faith. Read together today's Gospel, Mark 9:38-43,45,47-48. Conclude by praying together that we will be a family that helps each other grow in faith. Pray together today's psalm, Psalm 19, or the Lord's Prayer.

(Retrieved from LoyolaPress.com. [Sunday Connections](#))

Family Table Talk

Jesus teaches that even small acts, like giving a cup of water, are important in his eyes. What small acts of kindness can we do as a family to show love and help others?

The disciples were worried about sharing the power of Jesus' name with others. How can we share the love of Jesus with people who might not know him yet?

The "Little Ways" to Celebrate St. Therese of Lisieux October 1st



Therese is most known for her "Little Way." She spoke not of doing great things, but of small things with great love. She reportedly carried a string of ten beads in her pocket as a means of counting the good deeds that she would perform as a daily devotion to God.

Make your own set of "good deed beads" also known as sacrifice beads. (See the link in resources below)

Here are some small ways to do acts of kindness for others.



bit.ly/gooddeedbeads



October

dedicated to



The Holy Rosary

The Family Rosary - 8 Tips to pray the Rosary as a family

Follow this link for helpful and simple ways to begin praying the rosary as a family.

bit.ly/The-Family-Rosary-8Tips



From the same website, this link leads you to a free downloadable booklet to guide you and your family as you pray the Rosary together.

bit.ly/Rosary-Guide



“The rosary is a long chain that links Heaven and earth. One end of it is in our hands and the other end is in the hands of the Holy Virgin...the Rosary prayer rises like incense to the feet of the Almighty.

~ St. Therese ”

Feast of St. Francis - October 4



**Prayer of St. Francis:
A meditation**

bit.ly/Prayer-of-St-Francis



New this year! Have this digital PDF sent directly to your email! Receive a full page of family faith builders each week! Join the mailing list here

bit.ly/Build-Faith-At-Home-Email



More Faith Builders!

Another way to celebrate St. Therese of Lisieux

October 1st

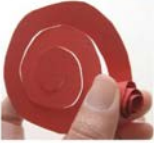
Make this VERY easy paper rose bouquet.



Step 1: Draw a spiral on a 4x4" square sheet of paper. You can use squares of various sizes to have different sized flowers. Besides sticking them on branches, they would be great scattered on the table as well.



Step 2: Cut out spiral along lines you have drawn



Step 3: Begin rolling up the spiral from the outside



Step 3: Begin rolling up the spiral from the outside



Step 4: Keep on rolling until there's no more left to roll



Add the flowers to branches. These can be added as members of the family do good deeds to celebrate St. Theresa's Little Way.. Let your family bouquet bloom with good deeds!

Names of the Archangels

St. Michael means "Who is like God?"

St. Gabriel means "Strength of God"

St. Raphael means "God's healing"

Look it up! Which of the archangels are mentioned in the following scriptures?

Tobit 12:15 _____

Daniel 8:16; 9:21 _____

Luke 1:26-38 _____

Daniel 10:13 _____

Revelation 12:7 _____

Did you hear these words in Mass? "Angels"

Though it is not always used during the Penitential Act as there are other options to use in the Mass, you can still pray the Confiteor:

"I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God."

How can thank the angels for praying for you?

- Guardian Angel Prayer: Encourage children to pray the Guardian Angel Prayer each morning or before bed. It helps them remember that their guardian angel is always with them.
- St. Michael Prayer: Teach the St. Michael the Archangel prayer to invoke protection and strength.
- Angel Candlelight Prayer: Light a special candle in honor of the guardian angels and pray as a family. You can use this quiet time to ask for angelic protection over your home and loved ones.
- Angel Art: Create drawings or crafts of angels. You could make angel decorations for your home.
- Angelic Meal! Make angel hair pasta and for dessert, have angel food cake! Simple and sweet!
- Download the Guardian Angel coloring sheet and prayer here:

bit.ly/Guardian-Angel-Coloring-Sheet

